

# Course Catalog

Course ID	Class Name	Difficulty	Hours
SA-120	Foundations of Emotional and Spiritual Care	Basic	4
SA-200	Incident Command System	Intermediate	8
SA-161	Preparing Your Congregation for Disaster	Basic	8
SA-400	Train the Trainer	Advanced	16
SA-351	Disaster Social Services	Advanced	8
MEDIC	Pediatric CPR and First Aid for Children, Infants, and Adults	Basic	6
MEDIC	Oxygen First Aid for Emergencies Supplement	Basic	2
SA-360	Planning Section	Advanced	8
SA-151	Emergency Assistance in Disaster Operations	Basic	8
SA-270	Volunteer Management	Intermediate	8
SA-330	Liaison Officer	Advanced	8
MEDIC	PediatricPlus CPR AED & First Aid for Children, Infants & Adults	Basic	6
DSCLS-206A	Psychological First Aid: Helping Others in Times of Stress	Basic	4
ICISF	Advanced Group Crisis Intervention	Advanced	14
ICISF	Group Crisis Intervention	Intermediate	13
ICISF	Pastoral Crisis Intervention	Intermediate	13
ICISF	Suicide Prevention Intervention & Postvention	Intermediate	14
MEDIC	BasicPlus (CPR, AED, and First Aid for Adults)	Basic	6
MEDIC	CarePlus CPR & AED for Adults, Children & Infants	Basic	
NRAEF	ServSafe® Manager	Advanced	16
POL	Volunteer Reception Center	Basic	8
SA-160	Preparing Together	Basic	4
ICISF	Grief Following Trauma	Intermediate	14
SA-130	Community And Government	Basic	4
ICISF	Compassion Fatigue	Advanced	14
ICISF	Stress Management for the Trauma Service Provider	Basic	
ICISF	Pastoral Crisis Intervention II	Basic	13
SRTC	Strategic Response to Crisis	Intermediate	14
SA-133	Liaison 1: Understanding Emergency Management & Whole Community	Basic	8
SA-380	Logistics	Advanced	8

EOFESC	Essentials of Emotional and Spiritual Care	Basic	8
ES34-TTT	Trainer - Emotional and Spiritual Care in Disasters	Advanced	16
SA-100.B	Introduction to The Salvation Army Emergency Disaster Services	Basic	4
SA-320.TTT	Emotional and Spiritual Care in Disaster Operations - Train the Trainer Version	Advanced	16
SA-IES-001	PREPARE	Advanced	36
SA-IES-002	International Deployment	Intermediate	8
SA-150.C	Disaster Food Service & Canteen Operations	Basic	8
A2	Right Place, Right Stuff, Right Time: Resource Management	Basic	2
A3	Roadmap: Service Delivery Planning for Disaster Events	Basic	2
A4	Partnerships: The Good, The Bad & The Ugly	Basic	2
B1	Theological Foundations for Ministering to Survivors in Crisis - Part 1	Intermediate	2
B2	Theological Foundations for Ministering to Survivors in Crisis - Part 2	Intermediate	2
ICISF	CISM Application with Children	Advanced	14
SA-110.B	Public Information 1: The First 24 Hours	Basic	8
SA-310.B	Public Information 2: The Public Information Officer	Advanced	8
NRAEF	ServSafe® Food Handler (6th Edition)	Basic	4
SA-370.B	Finance and Administration	Advanced	8
ICISF	Assisting Individuals in Crisis	Advanced	13
NCBH	Mental Health First Aid - Adult	Basic	8
NCBH	Mental Health First Aid - Youth	Basic	8
SA-390	Operations (A)	Advanced	8
ICISF	Building Skills for Crisis Intervention Teams	Basic	13
LCR	Local Community Response	Basic	4
SA-EAS	Applications of Emotional and Spiritual Care	Advanced	16
BLS	Basic Life Support	Advanced	8
ICISF	Strategic Response to Crisis	Advanced	14
WA	WA State Food Handlers Certification	Basic	1

## **Advanced Group Crisis Intervention**

### **Description**

Designed to provide participants with the latest information on critical incident stress management techniques and post-trauma syndromes, the Advanced Group Crisis Intervention course builds upon principles and concepts introduced in the Group Crisis Intervention course. Participants will be introduced to intervention strategies and advanced defusing and debriefing techniques specifically designed to assist those exposed to traumatic situations.

### **Primary Audience**

Emotional and spiritual care specialists, mental health professionals, and others already trained in the critical incident stress debriefing format. This course requires previous training and experience.

### **Prerequisites**

Group Crisis Intervention

### **Course Length**

14 Hours

## **Group Crisis Intervention**

### **Description**

Designed to present the core elements of a comprehensive, systematic and multi-component crisis intervention curriculum, the Group Crisis Intervention course will prepare participants to understand a wide range of crisis intervention services. Fundamentals of Critical Incident Stress Management (CISM) will be outlined and participants will leave with the knowledge and tools to provide several group crisis interventions, specifically demobilizations, defusings and the Critical Incident Stress Debriefing (CISD). The need for appropriate follow-up services and referrals when necessary will also be discussed.

### **Primary Audience**

This course is designed for anyone in the fields of Business & Industry Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress.

### **Prerequisites**

Group Crisis Intervention

### **Course Length**

13 Hours

## **Pastoral Crisis Intervention**

### **Description**

Pastoral crisis intervention represents a powerful addition to traditional community and organizational psychological support resources. This two-day course assists participants in learning how pastoral interventions and traditional psychological crisis interventions may be effectively integrated.

### **Primary Audience**

Emotional and Spiritual Care Officers, chaplains, pastoral counselors, mental health professionals, ministers, and anyone interested in the use of faith-based resources in healing should find this course of interest

**Prerequisites**

Group Crisis Intervention

**Course Length**

13 Hours

**Suicide Prevention Intervention & Postvention****Description**

Why do people kill themselves? How do I ask someone if they are feeling suicidal? What do I do if they say they ARE suicidal? How do I deal with the strong emotions suicide generates? This course will provide answers for these and other questions many of crisis interventionists have about suicide. It will provide participants with basic information about suicide as well as help participants develop practical skills for prevention, intervention and postvention. Small group role plays will allow participants to apply the suggested techniques as they are learned.

**Primary Audience**

This course is open to anyone who wishes to learn more about intervening across the suicide spectrum. Professionals from the fields of Business & Industry Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress may all benefit.

**Prerequisites**

Group Crisis Intervention

**Course Length**

14 Hours

**Grief Following Trauma****Description**

This Course Is Designed To Help People Develop A Basic Understanding Of How To Help Grieving People Following Trauma. Course Content Includes How To Identify Characteristics Of Trauma And Traumatic Events, The Normalcy Of Traumatic Grief Reactions, Learn Helpful Death Notification And Body Identification Techniques, Become Skilled At Identifying Warning Signs Of Complications, And Learn The Importance Of Early Interventions And Support Utilizing The Safer-r Model. Participants Will Increase Their Knowledge Of How Trauma Impacts The Grief Process And Will Gain Skills For Evaluating And Supporting Persons Who Have Experienced Traumatic Loss. Upon Completion, Participants Will Be Able To: Identify Types Of Traumatic Events And The Characteristics Of Trauma And Grief; Describe Normal Responses To Trauma And Normal Grief Responses; Describe Factors That May Complicate The Traumatic Grief Process; Learn Practical And Effective Methods Of Death Notification And Preparation For Body Identification; Identify The Primary Needs Of People Experiencing Grief Following Trauma; Outline Techniques For Supporting People Grieving A Trauma; And Self-care Assessment And Techniques.

**Primary Audience**

Targeted participants will be trained clergy, chaplains, mental health professionals, and CISM trained crisis responders who work with people who experience grief and loss following a traumatic event.

**Prerequisites**

Group Crisis Intervention

**Course Length**

14 Hours

## **Compassion Fatigue**

### **Description**

This workshop involves hands on solutions which can make a dramatic difference in the professional and private lives of those working with and around trauma. It is an intensive learning experience relating to all aspects of the caregiver's life and the critical work they are being asked to do. It impacts the emotional, psychological, physical, social and spiritual well being of the individual. It offers an understanding of how these areas are affected by the work they are doing and tools to prevent and treat any negative effects of this critical work.

### **Primary Audience**

### **Prerequisites**

Group Crisis Intervention

### **Course Length**

14 Hours

## **Stress Management for the Trauma Service Provider**

### **Description**

This important course is for all who work with traumatized people. Explore the "Stress Continuum," the levels of stress including eustress (i.e., beneficial, motivating stress), traumatic stress, burnout, countertransference, compassion fatigue or secondary PTSD, and vicarious traumatization which may occur as a result of helping others. A discussion of coping strategies for those who work with traumatized children will also be offered. Individual self-report exercises and an experiential group support session will assist the participating trauma provider in assessing their own level of stress through sharing personal experiences with others. Stress management self care techniques will be presented, experienced and discussed.

### **Primary Audience**

This course is appropriate for all mental health professionals, emergency services personnel, and peer counselors.

### **Prerequisites**

Group Crisis Intervention

### **Course Length**

Hours

## **Pastoral Crisis Intervention II**

### **Description**

This course builds on the foundations of ICISF's Pastoral Crisis Intervention class. More specific advanced concepts and specific field applications where pastoral crisis intervention is applied will be covered. Confirmation of full attendance in ICISF's course Pastoral Crisis Intervention is a prerequisite to attend this class. A copy of your certificate for ICISF's Pastoral Crisis Intervention class indicating full attendance (13 Contact Hours) must be submitted with all fax and mail registrations. If registering on-line, upon completion of the registration, a copy of your registration confirmation along with a copy of your certificate for ICISF's Pastoral Crisis Intervention class indicating full attendance (13 Contact Hours) must be mailed to ICISF prior to the class start date. If registering and

attending Pastoral Crisis Intervention and Pastoral Crisis Intervention II at same conference there is no need to send in confirmation of prerequisite.

### **Primary Audience**

### **Prerequisites**

Pastoral Crisis Intervention

### **Course Length**

13 Hours

## **Strategic Response to Crisis**

### **Description**

Knowing what sequence of crisis intervention processes to use for which individuals or groups, at what times, and under what circumstances is crucial to all effective early intervention programs. The course will present essential information for the assessment of both crisis situations and the effects of critical incidents on people involved in those situations. Learn to create an effective plan of action to assist those in crisis and complete a series of exercises designed to sharpen assessment and crisis planning skills. Strategic planning and tactical decision making are emphasized, as are rationales for choosing one set of crisis intervention processes over another.

This course builds confidence that crisis interventionists will make the right choices of interventions for the populations they are assisting under specific circumstances.

### **Primary Audience**

### **Prerequisites**

Group Crisis Intervention, Individual Crisis Intervention and Peer Support

### **Course Length**

14 Hours

## **Trainer - Emotional and Spiritual Care in Disasters**

### **Description**

This advanced level ICISF train-the-trainer course trains participants to instruct the Emotional and Spiritual Care (ESC) in Disasters course. The ESC course is designed to enhance participants' emotional and spiritual care skills to better meet the disaster-related needs of disaster responders and disaster affected families and individuals within disaster operations. This course builds on the crisis intervention principles taught in the Critical Incident Stress Management (CISM) core courses to effectively integrate these principles within ESC teams for appropriate care throughout the disaster continuum from the immediate to long-term recovery process.

### **Primary Audience**

Participants must have completed ICISF's Approved Instructor Candidate Program to teach this curriculum to others. Continuing education through ICISF is required to maintain your instructor status.

### **Prerequisites**

**Course Length**

16 Hours

**CISM Application with Children****Description**

Traumatic events involving children disturb and confuse both the children involved and the adult responders. Our children deserve the opportunity to heal from the frightening complications of childhood trauma. This course explores the developmental considerations and children's trauma response from infancy through adolescence. Preventive, intervention and recovery strategies will assist the adult responding to traumatized children. This course will provide a venue for adults to gain comfort in their capability to assist traumatized children through a discussion of crisis management principles and the necessary modifications for children. Self-care for adult caregivers who recognize the need to heal our children is emphasized. Adults working with traumatized children must deal with their feelings of inadequacy as they seek to assist a child in crisis. Most adults do not feel prepared to deal with the intense reactions of children.

**Primary Audience**

Parents, caregivers, educators, crisis management professionals and emergency service CISM peer team members can benefit from the preventive and intervention guidelines and practical crisis management strategies offered in this course.

**Prerequisites**

Group Crisis Intervention, Individual Crisis Intervention and Peer Support

**Course Length**

14 Hours

**Assisting Individuals in Crisis****Description**

This course, previously known as Individual Crisis Intervention and Peer Support, teaches participants the fundamentals of crisis intervention. Sometimes called "emotional first aid," crisis intervention is NOT psychotherapy; rather, it is a specialized, emergency mental health practice which requires specialized training. Participants will learn about psychological crisis and psychological crisis intervention; the resistance, resiliency, recovery continuum; basic crisis communication techniques; and the SAFER-Revised model.

**Primary Audience**

Emotional and spiritual care specialists, mental health professionals, and others who work one-to-one with individuals in crisis.

**Prerequisites**

Group Crisis Intervention, Individual Crisis Intervention and Peer Support

**Course Length**

13 Hours

**Building Skills for Crisis Intervention Teams**

**Description**

After learning the CISM techniques it is important to get the experience in using and maintaining the skills necessary to do quality interventions. ThisÂ course has been designed to provide participants with direct application and practice of skills of crisis intervention techniques. TheÂ course emphasizes a broadening of the knowledge base concerning critical incident stress management interventions as well as the practice of each application. Participants will learn some training techniques and activities that they might use to assist their teams in additional skill building.

**Primary Audience**

Emotional and Spiritual Care Officers, Disaster workers who are already trained in the critical incident stress debriefing format, chaplains, mental health professionals, EAP, human resources and public safety personnel, emergency medical services providers, firefighters, physicians, police officers, nurses, dispatchers and airline personnel. It will also be useful for those working extensively with traumatized victims for various walks of life.

**Prerequisites**

Group Crisis Intervention, Individual Crisis Intervention and Peer Support

**Course Length**

13 Hours

**Strategic Response to Crisis****Description**

Knowing what sequence of crisis intervention processes to use for which individuals or groups, at what times, and under what circumstances is crucial to all effective early intervention programs. The course will present essential information for the assessment of both crisis situations and the effects of critical incidents on people involved in those situations. Learn to create an effective plan of action to assist those in crisis and complete a series of exercises designed to sharpen assessment and crisis planning skills. Strategic planning and tactical decision making are emphasized, as are rationales for choosing one set of crisis intervention processes over another.

This course builds confidence that crisis interventionists will make the right choices of interventions for the populations they are assisting under specific circumstances. This course requires previous training and experience. ICISFâ€™s â€œGroup Crisis Interventionâ€• and â€œAssisting Individuals in Crisisâ€• (formerly Individual Crisis Intervention and Peer Support) should be viewed as prerequisites.

**Primary Audience****Prerequisites**

Group Crisis Intervention, Assisting Individuals in Crisis

**Course Length**

14 Hours

**Pediatric CPR and First Aid for Children, Infants, and Adults****Description****Primary Audience**



**Prerequisites**

Group Crisis Intervention, Assisting Individuals in Crisis

**Course Length**

6 Hours

**Oxygen First Aid for Emergencies Supplement****Description**

This supplement teaches the trained first aid provider the importance of introducing oxygen as an integral part of the care provided for an ill or injured patient. Supplying emergency oxygen helps meet the ill or injured patient's critical need for oxygen. When illness or injury reduces the body's ability to process oxygen, shock will soon occur, unless the effects of the decreased amount of oxygen in the blood can be reversed.

**Primary Audience****Prerequisites**

Group Crisis Intervention, Assisting Individuals in Crisis

**Course Length**

2 Hours

**PediatricPlus CPR AED & First Aid for Children, Infants & Adults****Description****Primary Audience****Prerequisites**

Group Crisis Intervention, Assisting Individuals in Crisis

**Course Length**

6 Hours

**BasicPlus (CPR, AED, and First Aid for Adults)****Description**

The MEDIC First Aid BasicPlus course is an adult CPR, AED, and first aid core training program designed specifically for the occupational first aid provider. This extremely flexible program will help employers meet OSHA and other federal and state regulatory requirements for training employees how to respond and care for medical emergencies at work. Additional supplements can be added to this core course for topics such as: Child/Infant CPR and AED Supplement; Bloodborne Pathogens in the Workplace; and Oxygen First Aid for Emergencies.

**Primary Audience**

This course is open to anyone who wishes to learn basic first aid, CPR, and the proper application of an AED.

**Prerequisites**

Group Crisis Intervention, Assisting Individuals in Crisis

**Course Length**

6 Hours

**CarePlus CPR & AED for Adults, Children & Infants****Description**

This course is a community-focused, comprehensive training program in adult, child, and infant emergency resuscitation for the lay rescuer. CarePlus CPR will teach students how to perform resuscitation for patients of all ages who are victims of sudden cardiac arrest, as well as those who have stopped breathing or are unresponsive or choking.

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The Automated External Defibrillation (AED) supplement training is designed to teach the use of Automated External Defibrillators (AEDs) when responding to a person experiencing sudden cardiac arrest. Sudden cardiac arrest is one of the leading causes of death in occupational settings. A defibrillator is the only definitive treatment. AEDs are used prior to arrival of EMS and are an integral component of the Chain of Survival. The first few minutes of care are critical for someone experiencing sudden cardiac arrest.

**Primary Audience****Prerequisites**

Group Crisis Intervention, Assisting Individuals in Crisis

**Course Length**

Hours

**Foundations of Emotional and Spiritual Care****Description**

This course is designed to provide a basic understanding of emotional and spiritual care within The Salvation Army's emergency disaster services program. The course provides participants with an overview of The Salvation Army's mission and the importance of the "Ministry of Presence", as a tool used in disaster work. Participants will be encouraged to seek other training to develop additional skills and a greater understanding of emotional and spiritual care.

**Primary Audience****Prerequisites**

Intro to The Salvation Army Emergency Disaster Services

**Course Length**

4 Hours

**Incident Command System****Description**

This course provides a general orientation to the Incident Command System (ICS), an organizational management tool

used by The Salvation Army and many other disaster relief agencies, to command, control, and coordinate emergency operations. The course covers the nine core ICS functions and management principles. Participants will be asked to apply what they have learned, using ICS to coordinate a response operation to an expanding disaster incident and in a culminating table-top exercise. ICS is a prerequisite for all advanced level Salvation Army disaster training.

**Primary Audience**

All disaster workers assigned to a leadership or supervisory position within a Salvation Army disaster relief operation.

**Prerequisites**

Intro to The Salvation Army Emergency Disaster Services

**Course Length**

8 Hours

**Preparing Your Congregation for Disaster****Description**

Designed for Christian leaders, this course is designed for churches and other faith-based organizations looking to start a disaster preparedness and response program. The course reviews key concepts in emergency management. It also examines the responsibility of faith-based organizations in preparing their members and facilities for an emergency and how to effectively develop a disaster response plan to serve others.

**Primary Audience**

Christian faith leaders -- outside of The Salvation Army -- interested in preparing their church and congregation for a disaster.

**Prerequisites**

Intro to The Salvation Army Emergency Disaster Services

**Course Length**

8 Hours

**Train the Trainer****Description**

This course prepares participants to serve as certified trainers within The Salvation Army's Emergency Disaster Services (EDS) program. The course stresses effective teaching techniques for adult learners, covering key concepts including classroom set-up, short effective lecturing, group exercise facilitation, and effective questioning and feedback techniques. The course concludes with a practicum in which participants will be asked to "practice teach" EDS course material.

**Primary Audience**

This course serves as a prerequisite for anyone seeking to become a certified Salvation Army disaster trainer. Perspective participants should consult with their divisional disaster department for approval to attend and qualify as an EDS trainer. Trainers are not permitted to instruct courses which they have not already successfully taken and passed.

**Prerequisites**

Introduction to The Salvation Army Emergency Disaster Services

**Course Length**

16 Hours

## **Disaster Social Services**

### **Description**

This course is designed for supervisors working within the disaster social services function. The course will examine the role of disaster social services within a disaster operation, including its position within the Incident Command System (ICS) and connections with other disaster relief providers in the larger sequence of service delivery. Participants will learn five essential steps to setting up a disaster social services program and apply that knowledge in a table-top exercise that simulates setting up a Salvation Army Disaster Assistance Center (DAC). The course will conclude with an introduction to long-term recovery and an exercise that simulates participation in a long-term recovery / unmet needs committee.

### **Primary Audience**

### **Prerequisites**

Intro to The Salvation Army Emergency Disaster Services, Emergency Assistance in Disaster Operations

### **Course Length**

8 Hours

## **Planning Section**

### **Description**

This course has been developed to provide advanced level training for those interested in serving in the Salvation Army's Planning Section within the Incident Command System. The course provides participants with an in-depth look at the role of the Planning Chief and the intricacies of the roles and responsibilities of the Planning Section participants will also be taught how to use the various tools and forms associated with this role.

### **Primary Audience**

Experienced disaster workers interested in working in the Planning section.

### **Prerequisites**

Intro to The Salvation Army Emergency Disaster Services, Incident Command System

### **Course Length**

8 Hours

## **Emergency Assistance in Disaster Operations**

### **Description**

This introductory disaster social services course is designed to train participants to serve as casework specialists on a Salvation Army disaster relief operation. The course will cover the basics of casework, covering practical skills such as interviewing clients, completing registration forms, and determining eligibility for assistance. The course culminates in a role-playing exercise where participants will play the roles of caseworkers and clients meeting within a disaster assistance center.

### **Primary Audience**

Disaster and social services workers interested in serving as a casework specialist on a disaster relief operation.

**Prerequisites**

Intro to The Salvation Army Emergency Disaster Services

**Course Length**

8 Hours

**Volunteer Management****Description**

This course will train participants to serve as a Salvation Army volunteer coordinator within the Finance and Administration function during a disaster relief operation. It also looks at critical issues in volunteer management, such as how to effectively coordinate spontaneous volunteers.

**Primary Audience**

Disaster workers interested in serving in the Finance & Administration function as a Volunteer Coordinator.

**Prerequisites**

Intro to The Salvation Army Emergency Disaster Services, Incident Command System

**Course Length**

8 Hours

**Liaison Officer****Description**

This course prepares participants to serve as a Liaison Officer within the Liaison function of the Incident Command System. Participants will learn how to interact with government and voluntary partners and examine the role of an Emergency Operations Center during a disaster.

**Primary Audience**

Disaster workers interested in serving in the Liaison function.

**Prerequisites**

Intro to The Salvation Army Emergency Disaster Services, Incident Command System

**Course Length**

8 Hours

**Preparing Together****Description**

A Preparedness Initiative for Seniors and People With Disabilities.

Preparing Together is a volunteer driven initiative designed to assist senior citizens and people with disabilities in developing a personalized disaster preparedness plan. The course covers specific issues and preparedness needs related to both seniors and those with disabilities and cultivates volunteers to reach out to vulnerable populations through church groups, service clubs and community groups. <a href="http://www.preparingtogether.org">click here for more information</a>

**Primary Audience**

Anyone interested in helping seniors or people with special needs prepare for an emergency, including faith and community leaders with the capacity to mobilize volunteers.

**Prerequisites**

Intro to The Salvation Army Emergency Disaster Services, Incident Command System

**Course Length**

4 Hours

**Community And Government****Description**

This course will give the participant basic information about how The Salvation Army interfaces with government, community, and faith-based organizations. Information and tools to improve communication and collaborative skills will be provided to encourage and enhance working with partners.

**Primary Audience**

This course is designed for new disaster workers and introduces the fundamentals of emergency management. Anyone interested in a better understanding of how emergency management works within the United States should take this course. This course is also an essential starting point for anyone interested in serving as a Liaison Officer on a Salvation Army disaster operation.

**Prerequisites**

Intro to The Salvation Army Emergency Disaster Services, Incident Command System

**Course Length**

4 Hours

**Liaison 1: Understanding Emergency Management & Whole Community****Description**

This course provides an overview of emergency management in the United States, examining how The Salvation Army works together with other disaster relief providers, such as the Federal Emergency Management Agency (FEMA) and National Voluntary Organizations Active in Disaster (VOAD). The course will explore how all disasters are fundamentally local events, the federal disaster declaration process, the role of an emergency operations center (EOC), and the advantages of a "whole community" approach to the emergency management planning process.

**Primary Audience**

New disaster workers who wish to understand the basics of emergency management and local Salvation Army officers and liaisons who will be interacting with government agencies and VOADs.

**Prerequisites**

Intro to The Salvation Army Emergency Disaster Services

**Course Length**

8 Hours

**Logistics**

**Description**

The backbone of any disaster operation, the Logistics function is all about getting the right resources to the right place, at the right time, in the right quantity, at the right cost. This advanced course will cover all the essentials of the Logistics function, including the role and responsibilities of the Logistics Chief; resource acquisition; supply, facility, vehicle and technology management; in-kind donations management; and warehouse operations.

**Primary Audience**

This advanced course is designed for experienced disaster workers who will be serving in the Logistics section during a Salvation Army disaster relief operation or as a Logistics Chief on an Incident Management Team (IMT).

**Prerequisites**

Introduction to The Salvation Army Emergency Disaster Services, Incident Command System

**Course Length**

8 Hours

**Essentials of Emotional and Spiritual Care****Description**

Over the past few years, there has been an increase in the focus on emotional and spiritual care. Within that realm, psychological first aid has been a primary focus of many organizations looking to provide care to disaster survivors and volunteers, alike. *Essentials* is a hands-on, tool driven course which will give every volunteer an understanding of how and why we provide emotional and spiritual care.

**Primary Audience**

This course should be taken by any officer, volunteer or staff interested in providing care to those we work with. The information and skill development is imperative for those looking to acquire skills and tools to provide a basic level of care. It can also be a great source of knowledge for any volunteer, as the material develops a clear understanding of the heart of disaster services ministry.

**Prerequisites**

Introduction to The Salvation Army Emergency Disaster Services, Incident Command System

**Course Length**

8 Hours

**Introduction to The Salvation Army Emergency Disaster Services****Description**

The gateway course to The Salvation Army's disaster training program, Introduction to The Salvation Army Emergency Disaster Services, is required for all disaster workers. The course offers an overview of The Salvation Army's mission, the services it provides during a disaster, and prepares participants for their first disaster assignment, describing everything from packing to travel to self-care. This course is available in both a classroom and an online self-study version and is a prerequisite for most other Salvation Army disaster training courses.

**Primary Audience**

New disaster workers just beginning their association with The Salvation Army.

**Prerequisites**

Introduction to The Salvation Army Emergency Disaster Services, Incident Command System

**Course Length**

4 Hours

**Emotional and Spiritual Care in Disaster Operations - Train the Trainer Version****Description**

This course trains participants to teach The Salvation Army's Emotional and Spiritual Care in Disaster Operations course, within the National Disaster Training program (NDTP). It teaches how to effectively integrate Critical Incident Stress Management (CISM) principles. It also provides effective teaching techniques and ways to facilitate an effective learning environment.

**Primary Audience**

Participants will be trained clergy, chaplains, mental health professionals, and CISM trained crisis responders who desire to teach ESC.

**Prerequisites**

Intro to The Salvation Army Emergency Disaster Services, Incident Command System, Emotional and Spiritual Care in Disaster Operations

**Course Length**

16 Hours

**Disaster Food Service & Canteen Operations****Description**

During a disaster, the first gesture of comfort The Salvation Army offers is often a cold drink and a hot meal from one of its mobile feeding units. The Disaster Food Service & Canteen Operations course is designed as the starting point for any disaster worker who wishes to be a part of disaster food service operations. Participants who complete the course will learn about the different types of Salvation Army food service equipment, the essentials of building a food service team, canteen operations and maintenance, and the basics of menu planning.

**Primary Audience**

This course is designed to introduce participants to the fundamentals of disaster food service operations. Anyone interested in food service delivery or serving on a Salvation Army canteen should take this course. Any version of ServSafe® Handlers acts as a prerequisites.

**Prerequisites**

Introduction to The Salvation Army Emergency Disaster Services, ServSafe® Handler (5th Edition)

**Course Length**

8 Hours

**Public Information 1: The First 24 Hours****Description**

This course is designed to introduce participants to the essentials of the public information function on local disaster events. Disasters generate intense interest from the media, the general public, our donors, and our volunteers. Disseminating accurate information - particularly in the first 24-hours after an incident - is essential. This course will cover the basics of good public information practices and discuss strategies for developing positive media relationships.



**Primary Audience**

This course is designed for local Salvation Army leaders and public relations professionals who will serve as spokespersons during a disaster and work with media.

**Prerequisites**

Intro to The Salvation Army Emergency Disaster Services

**Course Length**

8 Hours

**Public Information 2: The Public Information Officer****Description**

This course is designed for experienced communications professionals, who have master based public information skills, and who are ready to serve as a Public Information Officer (PIO) on large disaster operations. Participants will learn how to establish, staff, and manage a Public Information team on a large disaster operation, support disaster-related communications in preparedness, response, recovery and mitigation phases of a disaster event and learn how to proactively address potentially negative public relations issues.

**Primary Audience**

This emergency disaster course is designed for communications professionals and Salvation Army officers who will serve as the Public Information Officer on a Salvation Army disaster relief operation

**Prerequisites**

Introduction to The Salvation Army Emergency Disaster Services, Incident Command System

**Course Length**

8 Hours

**Finance and Administration****Description**

This course is designed to introduce participants to the Finance and Administration section as it pertains to the Incident Command System. Participants will learn how to interact with other members of the Incident Management Team and be introduced to the three major responsibilities of the F&A function (disaster worker management, statistics, and finances). Participants will explore the different policies and procedures regarding disaster worker deployments, general command administration and how to navigate the EDS Database.

**Primary Audience**

This advanced course is designed for experienced disaster workers and Salvation Army officers and employees who will be serving in the Finance and Administration section during a Salvation Army disaster relief operation.

**Prerequisites**

Intro to The Salvation Army Emergency Disaster Services, Incident Command System

**Course Length**

8 Hours

**Operations (A)**

**Description**

The Operations Section, whether small or large scale, is the heart of any disaster operation. All of the services provided by organizations in disaster relief are coordinated through the operations function within an incident command team.

This course will cover the critical components of coordinating an uninterrupted disaster operation from pre-incident preparedness through the post-incident demobilization

**Primary Audience**

This advanced course is designed for experienced disaster workers who will be serving in the Operations section during a Salvation Army disaster relief operation or as a Operations Chief on an Incident Management Team (IMT).

**Prerequisites**

Intro to The Salvation Army Emergency Disaster Services, Incident Command System

**Course Length**

8 Hours

**ServSafe® Manager****Description**

This course teaches food service managers about the dangers of foodborne illness, how to prevent it, and the keys to food safety. The course also covers specifics on how to safely receive, store, prepare, cool, heat, and serve food, emphasizing active managerial control as a critical component in reducing the risk of a foodborne illness outbreak. To receive credit for this course, participants must pass an multiple choice examination, administered in accordance with national ServSafe® standards.

**Primary Audience**

Supervisors of Operations, Safety, mobile canteens and kitchens, and others in food service management.

**Prerequisites**

Intro to The Salvation Army Emergency Disaster Services, Incident Command System

**Course Length**

16 Hours

**ServSafe® Food Handler (6th Edition)****Description**

This course introduces participants to the basics of safe food handling. The course explains how food can become unsafe through time-temperature abuse, cross-contamination, and improper cleaning and sanitizing, and emphasizes the importance good personal hygiene plays in limiting the spread of dangerous pathogens.

**Primary Audience**

All disaster workers involved in food service or preparation.

**Prerequisites**

Intro to The Salvation Army Emergency Disaster Services, Incident Command System

**Course Length**

4 Hours

## **Psychological First Aid: Helping Others in Times of Stress**

### **Description**

This basic level Disaster Services course consists of five separate segments and a self-review questionnaire which is completed after the training has been completed. The course provides a framework for understanding the factors that affect stress responses in disaster relief workers and the clients they serve. In addition, it provides practical suggestions about what you can say and do as you practice the principles of Psychological First Aid.

### **Primary Audience**

Any potential disaster volunteers and members of local agencies interested in supporting the role of the Red Cross in the community's actions in preparing for, responding to and recovering from emergencies and disasters.

### **Prerequisites**

Intro to The Salvation Army Emergency Disaster Services, Incident Command System

### **Course Length**

4 Hours

## **Advanced Group Crisis Intervention**

### **Description**

Designed to provide participants with the latest information on critical incident stress management techniques and post-trauma syndromes, the Advanced Group Crisis Intervention course builds upon principles and concepts introduced in the Group Crisis Intervention course. Participants will be introduced to intervention strategies and advanced defusing and debriefing techniques specifically designed to assist those exposed to traumatic situations.

### **Primary Audience**

Emotional and spiritual care specialists, mental health professionals, and others already trained in the critical incident stress debriefing format. This course requires previous training and experience.

### **Prerequisites**

Group Crisis Intervention

### **Course Length**

14 Hours

## **Group Crisis Intervention**

### **Description**

Designed to present the core elements of a comprehensive, systematic and multi-component crisis intervention curriculum, the Group Crisis Intervention course will prepare participants to understand a wide range of crisis intervention services. Fundamentals of Critical Incident Stress Management (CISM) will be outlined and participants will leave with the knowledge and tools to provide several group crisis interventions, specifically demobilizations, defusings and the Critical Incident Stress Debriefing (CISD). The need for appropriate follow-up services and referrals when necessary will also be discussed.

### **Primary Audience**

This course is designed for anyone in the fields of Business & Industry Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress.

**Prerequisites**

Group Crisis Intervention

**Course Length**

13 Hours

**Pastoral Crisis Intervention****Description**

Pastoral crisis intervention represents a powerful addition to traditional community and organizational psychological support resources. This two-day course assists participants in learning how pastoral interventions and traditional psychological crisis interventions may be effectively integrated.

**Primary Audience**

Emotional and Spiritual Care Officers, chaplains, pastoral counselors, mental health professionals, ministers, and anyone interested in the use of faith-based resources in healing should find this course of interest

**Prerequisites**

Group Crisis Intervention

**Course Length**

13 Hours

**Suicide Prevention Intervention & Postvention****Description**

Why do people kill themselves? How do I ask someone if they are feeling suicidal? What do I do if they say they ARE suicidal? How do I deal with the strong emotions suicide generates? This course will provide answers for these and other questions many of crisis interventionists have about suicide. It will provide participants with basic information about suicide as well as help participants develop practical skills for prevention, intervention and postvention. Small group role plays will allow participants to apply the suggested techniques as they are learned.

**Primary Audience**

This course is open to anyone who wishes to learn more about intervening across the suicide spectrum. Professionals from the fields of Business & Industry Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress may all benefit.

**Prerequisites**

Group Crisis Intervention

**Course Length**

14 Hours

**Grief Following Trauma****Description**

This Course Is Designed To Help People Develop A Basic Understanding Of How To Help Grieving People Following Trauma. Course Content Includes How To Identify Characteristics Of Trauma And Traumatic Events, The Normalcy Of Traumatic Grief Reactions, Learn Helpful Death Notification And Body Identification Techniques, Become Skilled At Identifying Warning Signs Of Complications, And Learn The Importance Of Early Interventions And Support Utilizing The

Safer-r Model. Participants Will Increase Their Knowledge Of How Trauma Impacts The Grief Process And Will Gain Skills For Evaluating And Supporting Persons Who Have Experienced Traumatic Loss. Upon Completion, Participants Will Be Able To: Identify Types Of Traumatic Events And The Characteristics Of Trauma And Grief; Describe Normal Responses To Trauma And Normal Grief Responses; Describe Factors That May Complicate The Traumatic Grief Process; Learn Practical And Effective Methods Of Death Notification And Preparation For Body Identification; Identify The Primary Needs Of People Experiencing Grief Following Trauma; Outline Techniques For Supporting People Grieving A Trauma; And Self-care Assessment And Techniques.

**Primary Audience**

Targeted participants will be trained clergy, chaplains, mental health professionals, and CISM trained crisis responders who work with people who experience grief and loss following a traumatic event.

**Prerequisites**

Group Crisis Intervention

**Course Length**

14 Hours

**Compassion Fatigue****Description**

This workshop involves hands on solutions which can make a dramatic difference in the professional and private lives of those working with and around trauma. It is an intensive learning experience relating to all aspects of the care giver's life and the critical work they are being asked to do. It impacts the emotional, psychological, physical, social and spiritual well being of the individual. It offers an understanding of how these areas are affected by the work they are doing and tools to prevent and treat any negative effects of this critical work.

**Primary Audience****Prerequisites**

Group Crisis Intervention

**Course Length**

14 Hours

**Stress Management for the Trauma Service Provider****Description**

This important course is for all who work with traumatized people. Explore the "Stress Continuum," the levels of stress including eustress (i.e., beneficial, motivating stress), traumatic stress, burnout, countertransference, compassion fatigue or secondary PTSD, and vicarious traumatization which may occur as a result of helping others. A discussion of coping strategies for those who work with traumatized children will also be offered. Individual self-report exercises and an experiential group support session will assist the participating trauma provider in assessing their own level of stress through sharing personal experiences with others. Stress management self care techniques will be presented, experienced and discussed.

**Primary Audience**

This course is appropriate for all mental health professionals, emergency services personnel, and peer counselors.

**Prerequisites**

Group Crisis Intervention

**Course Length**

Hours

**Pastoral Crisis Intervention II****Description**

This course builds on the foundations of ICISF's Pastoral Crisis Intervention class. More specific advanced concepts and specific field applications where pastoral crisis intervention is applied will be covered.

Confirmation of full attendance in ICISF's course Pastoral Crisis Intervention is a prerequisite to attend this class. A copy of your certificate for ICISF's Pastoral Crisis Intervention class indicating full attendance (13 Contact Hours) must be submitted with all fax and mail registrations. If registering on-line, upon completion of the registration, a copy of your registration confirmation along with a copy of your certificate for ICISF's Pastoral Crisis Intervention class indicating full attendance (13 Contact Hours) must be mailed to ICISF prior to the class start date. If registering and attending Pastoral Crisis Intervention and Pastoral Crisis Intervention II at same conference there is no need to send in confirmation of prerequisite.

**Primary Audience****Prerequisites**

Pastoral Crisis Intervention

**Course Length**

13 Hours

**Strategic Response to Crisis****Description**

Knowing what sequence of crisis intervention processes to use for which individuals or groups, at what times, and under what circumstances is crucial to all effective early intervention programs. The course will present essential information for the assessment of both crisis situations and the effects of critical incidents on people involved in those situations. Learn to create an effective plan of action to assist those in crisis and complete a series of exercises designed to sharpen assessment and crisis planning skills. Strategic planning and tactical decision making are emphasized, as are rationales for choosing one set of crisis intervention processes over another.

This course builds confidence that crisis interventionists will make the right choices of interventions for the populations they are assisting under specific circumstances.

**Primary Audience****Prerequisites**

Group Crisis Intervention, Individual Crisis Intervention and Peer Support

**Course Length**

14 Hours

**Trainer - Emotional and Spiritual Care in Disasters****Description**

This advanced level ICISF train-the-trainer course trains participants to instruct the Emotional and Spiritual Care (ESC) in Disasters course. The ESC course is designed to enhance participants' emotional and spiritual care skills to better meet the disaster-related needs of disaster responders and disaster affected families and individuals within disaster operations. This course builds on the crisis intervention principles taught in the Critical Incident Stress Management (CISM) core courses to effectively integrate these principles within ESC teams for appropriate care throughout the disaster continuum from the immediate to long-term recovery process.

**Primary Audience**

Participants must have completed ICISF's Approved Instructor Candidate Program to teach this curriculum to others. Continuing education through ICISF is required to maintain your instructor status.

**Prerequisites**

Group Crisis Intervention, Individual Crisis Intervention and Peer Support

**Course Length**

16 Hours

**CISM Application with Children****Description**

Traumatic events involving children disturb and confuse both the children involved and the adult responders. Our children deserve the opportunity to heal from the frightening complications of childhood trauma. This course explores the developmental considerations and children's trauma response from infancy through adolescence. Preventive, intervention and recovery strategies will assist the adult responding to traumatized children. This course will provide a venue for adults to gain comfort in their capability to assist traumatized children through a discussion of crisis management principles and the necessary modifications for children. Self-care for adult caregivers who recognize the need to heal our children is emphasized. Adults working with traumatized children must deal with their feelings of inadequacy as they seek to assist a child in crisis. Most adults do not feel prepared to deal with the intense reactions of children.

**Primary Audience**

Parents, caregivers, educators, crisis management professionals and emergency service CISM peer team members can benefit from the preventive and intervention guidelines and practical crisis management strategies offered in this course.

**Prerequisites**

Group Crisis Intervention, Individual Crisis Intervention and Peer Support

**Course Length**

14 Hours

**Assisting Individuals in Crisis****Description**

This course, previously known as Individual Crisis Intervention and Peer Support, teaches participants the fundamentals

of crisis intervention. Sometimes called "emotional first aid," crisis Intervention is NOT psychotherapy; rather, it is a specialized, emergency mental health practice which requires specialized training. Participants will learn about psychological crisis and psychological crisis intervention; the resistance, resiliency, recovery continuum; basic crisis communication techniques; and the SAFER-Revised model.

### **Primary Audience**

Emotional and spiritual care specialists, mental health professionals, and others who work one-to-one with individuals in crisis.

### **Prerequisites**

Group Crisis Intervention, Individual Crisis Intervention and Peer Support

### **Course Length**

13 Hours

## **Building Skills for Crisis Intervention Teams**

### **Description**

After learning the CISM techniques it is important to get the experience in using and maintaining the skills necessary to do quality interventions. This course has been designed to provide participants with direct application and practice of skills of crisis intervention techniques. The course emphasizes a broadening of the knowledge base concerning critical incident stress management interventions as well as the practice of each application. Participants will learn some training techniques and activities that they might use to assist their teams in additional skill building.

### **Primary Audience**

Emotional and Spiritual Care Officers, Disaster workers who are already trained in the critical incident stress debriefing format, chaplains, mental health professionals, EAP, human resources and public safety personnel, emergency medical services providers, firefighters, physicians, police officers, nurses, dispatchers and airline personnel. It will also be useful for those working extensively with traumatized victims for various walks of life.

### **Prerequisites**

Group Crisis Intervention, Individual Crisis Intervention and Peer Support

### **Course Length**

13 Hours

## **Strategic Response to Crisis**

### **Description**

Knowing what sequence of crisis intervention processes to use for which individuals or groups, at what times, and under what circumstances is crucial to all effective early intervention programs. The course will present essential information for the assessment of both crisis situations and the effects of critical incidents on people involved in those situations. Learn to create an effective plan of action to assist those in crisis and complete a series of exercises designed to sharpen assessment and crisis planning skills. Strategic planning and tactical decision making are emphasized, as are rationales for choosing one set of crisis intervention processes over another.

This course builds confidence that crisis interventionists will make the right choices of interventions for the populations they are assisting under specific circumstances. This course requires previous training and experience. ICISF's



“Group Crisis Intervention” and “Assisting Individuals in Crisis” (formerly Individual Crisis Intervention and Peer Support) should be viewed as prerequisites.

### **Primary Audience**

### **Prerequisites**

Group Crisis Intervention, Assisting Individuals in Crisis

### **Course Length**

14 Hours

## **Volunteer Reception Center**

### **Description**

This workshop will prepare participants to effectively manage volunteers, including spontaneous unaffiliated volunteers, during a disaster or other emergency. The concept of Volunteer Reception Centers and their role in context of the overall response to an emergency will be introduced. The workshop will conclude with an exercise to allow participants to practice what they have learned in a realistic scenario.

### **Primary Audience**

### **Prerequisites**

Group Crisis Intervention, Assisting Individuals in Crisis

### **Course Length**

8 Hours

## **Local Community Response**

### **Description**

Over the past few years, there has been an extreme interest in local community involvement. Superstorm Sandy provided opportunity for dozens of community groups and churches to spring into action to aid their respective communities. Although these efforts are well intentioned and have produced some excellent outcomes, there is still work to be done to educate and coordinate these efforts into a much more effective force.

The goal in providing this information is to educate community organizations on how to work with The Salvation Army and with emergency management. Some of the material is written from the perspective of The Salvation Army’s work in collaborating with other churches, agencies and neighborhood groups to serve those impacted by emergencies of all kinds.

### **Primary Audience**

The Local Community Response Course has two versions; one is a generic, multi agency approach which is ideal when training with our partners and community organizations and churches. The other is a more TSA centric version which can be used to provide orientation for potential new volunteers.

### **Prerequisites**

Group Crisis Intervention, Assisting Individuals in Crisis

**Course Length**

4 Hours

**Applications of Emotional and Spiritual Care****Description**

The Applications of Emotional and Spiritual Care course might best be described as the final course in the Eastern Territories Disaster Chaplaincy certification. It is the final course in the series which includes Foundations of ESC and Essentials of ESC.

Also, included as part of the two day course is time for reflection to strengthen your inner depth and power, as we consider thoughts, attitudes, biases and various beliefs that may impact your capacity to serve in an advanced ESC role.

**Primary Audience**

Within the material assembled there is a great deal of theoretical and practical information that will provide knowledge and understanding needed to perform in the field. That information is balanced by exercises, role plays and group discussion to enhance the participants level of experience, which in turn should create a greater sense of confidence and poise when interacting with those in need.

**Prerequisites**

Essentials of Emotional and Spiritual Care, Foundations of Emotional and Spiritual Care

**Course Length**

16 Hours

**Basic Life Support****Description**

Since 2005, the territory has used the Medic First Aid (MFA) training for first aid and CPR in many applications, with great success. In the past year, a number of states would not recognize the basic or pediatric MFA courses for camp and shelter purposes, as they required a "professional level" training.

**Primary Audience**

From the parent company, Health and Safety Institute came the Basic Life Support course which is just that, first aid and CPR for healthcare providers and professional rescuers.

**Prerequisites**

Essentials of Emotional and Spiritual Care, Foundations of Emotional and Spiritual Care

**Course Length**

8 Hours

**PREPARE****Description**

The P.R.E.P.A.R.E. training curriculum introduces participants to The Salvation Army's International Emergency Services (IES) program and provides basic training for all personnel interested in overseas disaster relief deployments. This course may be offered in two, three or five-day sequences.

**Primary Audience**

Salvation Army personnel interested in serving on international disaster relief operations. Participants should be in good

physical health and must be able to live and work under intense physical conditions during overseas deployments.

**Prerequisites**

Essentials of Emotional and Spiritual Care, Foundations of Emotional and Spiritual Care

**Course Length**

36 Hours

**International Deployment****Description**

Training that will prepare The Salvation Army Emergency Disaster Services (EDS) worker for an International Deployment to serve during an EDS event (It should also be noted that this training offers no guarantee of International Deployment rather an awareness of the specifics there of).

**Primary Audience**

EDS workers who would need to be deployed internationally.

**Prerequisites**

Intro to The Salvation Army Emergency Disaster Services, Safe From Harm - Level 1

**Course Length**

8 Hours

**Right Place, Right Stuff, Right Time: Resource Management****Description**

National Social Services and Disaster Management EDS Institute

**Primary Audience****Prerequisites**

Intro to The Salvation Army Emergency Disaster Services, Safe From Harm - Level 1

**Course Length**

2 Hours

**Roadmap: Service Delivery Planning for Disaster Events****Description**

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**Primary Audience****Prerequisites**

Intro to The Salvation Army Emergency Disaster Services, Safe From Harm - Level 1

**Course Length**

2 Hours

## **Partnerships: The Good, The Bad & The Ugly**

### **Description**

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### **Primary Audience**

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### **Prerequisites**

Intro to The Salvation Army Emergency Disaster Services, Safe From Harm - Level 1

### **Course Length**

2 Hours

## **Theological Foundations for Ministering to Survivors in Crisis - Part 1**

### **Description**

Have you ever wondered why people say hurtful things to people in crisis and grief? The presenter in this institute will encourage participants to develop a theology of suffering and to understand key biblical principles relating to pain and suffering essential to providing appropriate spiritual care.

### **Primary Audience**

### **Prerequisites**

Intro to The Salvation Army Emergency Disaster Services, Safe From Harm - Level 1

### **Course Length**

2 Hours

## **Theological Foundations for Ministering to Survivors in Crisis - Part 2**

### **Description**

Have you ever wondered why people say hurtful things to people in crisis and grief? The presenter in this institute will encourage participants to develop a theology of suffering and to understand key biblical principles relating to pain and suffering essential to providing appropriate spiritual care.

### **Primary Audience**

### **Prerequisites**

Intro to The Salvation Army Emergency Disaster Services, Safe From Harm - Level 1

### **Course Length**

2 Hours

## **WA State Food Handlers Certification**

### **Description**

adskfna;lksjdfna;lksndfg

## **Primary Audience**

### **Prerequisites**

Intro to The Salvation Army Emergency Disaster Services, Safe From Harm - Level 1

### **Course Length**

1 Hours

## **ServSafe® Manager**

### **Description**

This course teaches food service managers about the dangers of foodborne illness, how to prevent it, and the keys to food safety. The course also covers specifics on how to safely receive, store, prepare, cool, heat, and serve food, emphasizing active managerial control as a critical component in reducing the risk of a foodborne illness outbreak. To receive credit for this course, participants must pass an multiple choice examination, administered in accordance with national ServSafe® standards.

### **Primary Audience**

Supervisors of Operations, Safety, mobile canteens and kitchens, and others in food service management.

### **Prerequisites**

Intro to The Salvation Army Emergency Disaster Services, Safe From Harm - Level 1

### **Course Length**

16 Hours

## **ServSafe® Food Handler (6th Edition)**

### **Description**

This course introduces participants to the basics of safe food handling. The course explains how food can become unsafe through time-temperature abuse, cross-contamination, and improper cleaning and sanitizing, and emphasizes the importance good personal hygiene plays in limiting the spread of dangerous pathogens.

### **Primary Audience**

All disaster workers involved in food service or preparation.

### **Prerequisites**

Intro to The Salvation Army Emergency Disaster Services, Safe From Harm - Level 1

### **Course Length**

4 Hours

## **Mental Health First Aid - Adult**

### **Description**

Mental Health First Aid is an in-person training that teaches you how to help people developing a mental illness or in a crisis. The adult Mental Health First Aid course is appropriate for anyone 18 years and older who wants to learn how to

help a person who may be experiencing a mental health related crisis or problem. Topics covered include anxiety, depression, psychosis, and addictions.

### **Primary Audience**

### **Prerequisites**

Intro to The Salvation Army Emergency Disaster Services, Safe From Harm - Level 1

### **Course Length**

8 Hours

## **Mental Health First Aid - Youth**

### **Description**

Mental Health First Aid is an in-person training that teaches you how to help people developing a mental illness or in a crisis. Youth Mental Health First Aid is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers, and other caring citizens how to help an adolescent (age 12-18) who is experiencing a mental health or addictions challenge or is in crisis. Youth Mental Health First Aid is primarily designed for adults who regularly interact with young people. The course introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations. Topics covered include anxiety, depression, substance use, disorders in which psychosis may occur, disruptive behavior disorders (including AD/HD), and eating disorders.

### **Primary Audience**

### **Prerequisites**

Intro to The Salvation Army Emergency Disaster Services, Safe From Harm - Level 1

### **Course Length**

8 Hours